


# 10

## SCRIPTURES TO PRAY WITH WHEN YOU ARE DOWN


1. I am with you and will watch over you wherever you go, and I will bring you back to this land. I will not leave you until I have done what I have promised you.

Gene 28:15 NIV



2. Don't be sad because the joy you have in the Lord is your strength.

Neh 8:10b GW



3. I have set the Lord always before me:  
because he is at my right hand, I shall not be moved.  
Therefore, my heart is glad, and my glory rejoiceth; my  
flesh shall rest in hope

Ps 16:8-9 KJV

4. Quiet your heart in his presence and pray,  
keep hope alive as you long for God to come  
through for you. And don't think for a moment that  
the wicked in their prosperity are better off than you.

Ps 37:7 TPT



5. Return to your rest ,O my soul , for the Lord has  
dealt bountifully with you .

Ps 116:7 AMPC



6. Whenever my busy thoughts were out of  
control, the soothing comfort of your presence calmed  
me down and overwhelmed me with delight.

Ps 94:19 TPT

7. Again God's message I'll turn things around for Jacob . I'll compassionately come in and rebuild homes. The town will be rebuilt on its old foundations; the mansions will be splendid again. Thanksgivings will pour out of the windows; laughter will spill through the doors . Things will get better and better.

Depression days are over

Jere 30:18-19 Mssg



8. Do not be afraid , you who are highly esteemed, he said, Peace! be strong now; be strong, when he spoke to me, I was strengthened and said " Speak, my Lord, since you have given me strength."

Dan 10:19 NIV

9. Now may God, the inspiration and fountain of hope, fill you to overflowing with uncontainable joy and perfect peace as you trust in him. And may the power of the Holy Spirit continually surround your life with his super-abundance until you radiate with hope.

Roms 15:13 TPT



10. For you always have God's presence. For hasn't he promised you, "I will never leave you alone, never! And I will not loosen my grip on your life! "

Hebs 13:5b TPT



**A WORD FOR HER**  
SHE THRIVES, SHE FLOURISHES, SHE BLOSSOMS